

Useful Self-Help Resources for Students, Parents and Educators

1. Social Service and Government Agencies:

Institute of Mental health	www.imh.com.sg
Focus on the Family Singapore	www.family.org.sg
Ministry of Social and Family Development	www.msf.gov.sg
Health Promotion Board	www.hpb.gov.sg
Samaritans of Singapore (SOS) Hotline: 1800-221-4444 (24-Hour Hotline)	www.sos.org.sg

2. Special Needs Resources:

<i>Giftedness:</i> Hoagies' Gifted Education Page	www.hoagiesgifted.org
<i>Dyslexia:</i> Dyslexia Association of Singapore	www.das.org.sg
<i>Autism:</i> Autism Resource Centre (Singapore)	www.autism.org.sg
<i>Attention Deficit Disorder:</i> AddinSchool	www.addinschool.com
Ministry of Social and Family Development	https://www.babybonus.msf.gov.sg/parentingresources/web/Special-Needs

3. Other Resources:

All Kinds of Minds (Understanding differences in learning for educators, parents)	www.allkindsofminds.org
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