At NUS High School, the eTeens programme will be implemented as follows in 2013:

<table>
<thead>
<tr>
<th>Year 3</th>
<th>Topics/Lessons</th>
<th>Programme Learning Objectives</th>
<th>Time Period</th>
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</thead>
</table>
|        | Mass Talk by HPB appointed vendor | • Awareness of the different STIs and HIV/AIDS  
• Modes of transmission  
• Modes of protection, specifically the use of condom  
• Consequences and impact of STIs/HIV | Term 3 |
|        | Class-based Lesson 1  
• Decision-Making | • Understand there are consequences in any decision one makes regarding sexual intercourse  
• Realise that decision-making is a process that can be learnt  
• Understand that one needs correct and accurate information to make the right decisions regarding one’s sexual health  
• Learn to make decisions that will reduce the risk to their sexual health | Term 3 |
|        | Class-based Lesson 2  
• Assertiveness | • Understand what assertive behaviour is  
• Practice responding to persuasion assertively | Term 3 |
|        | Class-based Lesson 3  
• Negotiation | • Practice negotiating one’s way out of a negative situation by applying skills learnt from Lesson 2  
• Learn risk reduction for STIs/HIV and assess situations to aid the control of impulses in sexual behaviour | Term 3 |

<table>
<thead>
<tr>
<th>Year 5</th>
<th>Topics/Lessons</th>
<th>Programme Learning Objectives</th>
<th>Time Period</th>
</tr>
</thead>
</table>
|        | Mass Talk by HPB appointed vendor | • Awareness of the different STIs and HIV/AIDS  
• Modes of transmission  
• Modes of protection, specifically the use of condom  
• Consequences and impact of STIs/HIV | Term 3 |
|        | Class-based Lesson | • State the various possible impacts of contracting STI/HIV  
• State the ways of managing the challenges of the impact  
• State the support structures that people with STI/HIV may need | Term 3 |